

Women's Retreat

at Covenant Point Bible Camp

September 25-27, 2015

Photo used with permission: peruccphotography.com



I Am Here. Send Me.

with guest speaker

Meagan Gillan

Registration Booklet

Guest speaker **Meagan Gillan**

Meagan Gillan is Director of Women Ministries in the Make and Deepen Disciples team of the Covenant denomination, and in that role loves to encourage women to explore how they can serve God's purposes in the world. She has ministered with Covenant partners in India, Colombia, and the D.R. Congo, always seeking to connect women so they can work with God to transform people and communities.

She has been instrumental in

developing *Missional Moms*, a new

ministry initiative that brings a fresh approach to women's ministry in the local church. This year she and her husband, Scot, celebrate 40 years of marriage, and they get pretty excited about their four adult children, daughters-in-law, son-in-law, and twin grandsons. Which is to say, she is crazy about her family.



Photo used with permission: Meagan Gillan

Weekend theme

Here I Am. Send Me

Undone. There are times and experiences in life that shake us, but they can also make us. Isaiah had that kind of thing happen to him when he went to worship. He got more than he bargained for, but that's what happens when we really enter in to God's presence. For Isaiah, he saw himself as he really was, and pronounced himself "undone." Then he was ready to say, "I'm here. Send me." We'll explore together the things that take us from woe to wow and get us ready to serve in the light of Isaiah 6.

Retreat **Information**

Check-in begins at 4:00pm on Friday, September 25 in the Dining Hall or on the porch.

Covenant Point Bible Camp is set on beautiful Hagerman Lake, adjacent to the Ottawa National Forest. All cabins are fully equipped with restrooms, showers, electricity, heat and bunk beds. We understand that not everyone gets a good night of sleep on a bunk bed. If you would like to seek out other accommodations, we recommend The AmericInn (800-634-3444) or Santa's Backwoods Motel (715-545-3537).

What should you bring?

Bible

Notebook, pen

Bedding and pillow

Towel/washcloth

Hygiene items

Swimsuit/towel for sauna

Raincoat/umbrella

Camera

Flashlight

Snacks for your cabin

Clothing for a variety of fall weather

Travel mug (dining hall mugs stay there)

Item to donate for the bucket raffle

Two pairs of shoes as the grass can be wet in the mornings.

Extra money for the Saturday evening offering, Sunday collection for the kitchen crew, massages and bucket raffle.

Saturday **Afternoon**

Saturday afternoon will provide you with free time to take part in any number of activities. Some of you may relish the thought of a few consecutive hours of peace and quiet for a nap, personal quiet time with God or the chance to catch up with sisters in Christ. Others are thrilled to get out and do things uniquely available only at the retreat and Covenant Point.

- ❖ **Book Exchange:** Do you have a good book, or a few, that you have read and would like to pass along to someone else? Bring up to 5 books (including audiobooks, DVDs or CDs) to our book exchange. For every book you bring, you will get to bring one home in its place. We only ask that the books be tasteful and something that other Christians might enjoy.
- ❖ **Perennial Exchange:** If gardening brings you joy, would you consider sharing that with others? Those wishing to participate may bring one or two perennial plants to trade for a new one. Please label the container with the type of plant so your new friend will know what it is when she adds it to her garden.
- ❖ **Massages by Jenny DeDecker:** Back by popular demand, Jenny will be offering 20-minute massages. Please sign up for an appointment at the registration table Friday evening.
Bring \$20 in cash and pay Jenny directly at your massage.
- ❖ **Closet Swap:** Do you have some clothes, shoes, or jewelry that just aren't your style any more? You may bring up to one full paper bag of clean items for this annual clothing swap. If you are able to bring hangers to display your clothes on, that would be great.

- ❖ **Climbing Wall:** Challenge yourself on CPBC's climbing wall inside of Cedar. Please wear a pair of close-toed shoes to participate.
- ❖ **Antiques & Boutiques Excursion:** Guided shopping trip to a few of Iron River's unique shops and thrift stores; rides provided.
- ❖ **Craft:** Kelli Dood is putting together a scented pine cone craft for the fall season. Class size is limited to supplies on hand.
- ❖ **Foot and Hand Spa:** Pamper yourself with a foot and or nail spa with the beauty of fall around you. Products and guidance will be provided.
- ❖ **Bucket Raffle:** Throughout the weekend there will be a display of donated items in the back of the Tabernacle. Tickets will be available for purchase before and after each session in the Tab. If you have a new or like-new item that you would like to donate for this, please turn it in when you register Friday evening. The drawings will be done before the Sunday morning session. Money from the tickets goes towards future retreat expenses.
- ❖ **Apple Cider Press:** CPBC has their own apple cider press and are willing to pull it out during the retreat. If you have an excess of apples, wash up a bag full and turn them into cider to share with fellow retreaters.
- ❖ **CPBC Trails:** There are many walking trails around the camp property that provide a beautiful way to view the fall foliage. Some of the longer trails can be a bit muddy depending on the weather so you may want to consider bringing hiking boots.
- ❖ **Zumba:** Bring some workout clothes and appropriate shoes for an uptempo workout.

- ❖ **The Island:** Depending on the weather, there could be a pontoon boat ride out to CPBC's very own island. Check out where some summer campers spend their week of camp. Learn about "the dark side" and "the light side" and see the neat activities that are out there.
- ❖ **Yard Games:** There will be a variety of yard game available for use, such as bean-bag toss, washer toss, etc. These are a great way to get to know some of your fellow campers so feel free to meet a new friend and get a game going.
- ❖ **Article Discussion:** In place of the book discussion this year, we will have copies of a contemporary article available at registration for you to read before the discussion time on Saturday if you would like to participate.

Retreat **Registration**

Please complete the registration form on the following page and mail with payment to:



Women's Retreat Registration
358 Hagerman Lake Rd.
Iron River, MI 49935

OR, register and pay online at: **www.cpbc.com**

Retreat Registration

Please select one of the following attendance options:

* Earlybird Discount applies if postmarked by 9/16/15

_____ **Full Retreat,**

4PM Friday-11AM Sunday:

\$126 (\$116 Earlybird*)

Pastor Rate: \$70

_____ **Saturday Only (no lodging):**

\$80 (\$70 Earlybird *)

_____ **Saturday Evening Departure:**

\$100 (\$90 Earlybird*)

Pastor Rate: \$60

_____ **Full Retreat (no lodging):**

\$100 (\$90 Earlybird *)

Please select a protein for Saturday's dinner _____ Chicken _____ Salmon

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone: (____) _____

Email: _____

Home church/guest of: _____

Insurance Company: _____

Policy #: _____

Emergency Contact Name and Phone #: _____

Dietary Restrictions: Please provide written explanation of dietary restrictions and/or food allergies below including treatment plan in the event of an allergic reaction and permission to share allergy-related information with appropriate staff. Use the reverse side if more space is needed.

I hereby give my consent to fully participate in all camp activities, outings, and field trips conducted on and off the campus of Covenant Point recognizing that there are risks known and unknown, foreseeable and unforeseeable involved in participating in these or similar activities. Covenant Point has taken reasonable and prudent steps to reduce known and foreseeable risks. I understand activities may be strenuous and/or outdoors and agree that participation in activities is voluntary. I understand and agree that neither Covenant Point nor its trustees, officers, directors, employees, agents, or representatives, may be held liable in any way for any injury, harm, damage, or death which may occur to me as a result of participation in these activities and hereby release, save, and hold harmless the above mentioned of said injury due to participation in these activities. Further, I do consent to any and all medical treatment that may be deemed necessary should I require such assistance, including the ordering and administering of medications. I agree that my insurance plan is the primary plan to pay for any medical, dental, or hospital care or treatment. I agree to allow Covenant Point to transport myself as needed and to use a photocopy of this form as my authorization when necessary. Covenant Point may use my photo, films, digital images, videotapes, and sound recordings in future promotional materials. I have read and voluntarily agree to the statements herein.

Signature _____

Printed Name _____

Date _____

