

Packing List for Mainland Camps

Campers should have a range of clothes for warm days and cool nights. All belongings should be marked with your child's name. This includes luggage, towels, and all personal items. You may want to include a check list of your child's belongings. This will help the counselor to make sure your camper comes home with everything he/she brought.

Our mainland program is designed to encourage campers to participate in the experience of the community. **Please do not pack any personal electronic devices including cell phones.**

Following items are recommended:

- ** completed health form (see below)
- ** required medications (see below)
- ** Bible, paper, and pencil
- ** pillow and bedding either sleeping bag or sheets/blanket
- ** warm jacket or sweater
- ** towel, washcloth, soap, and personal items
- ** several changes of clothing
- ** swimsuit (modest in design) and towel, shoes or sandals that can get wet
- ** tennis shoes (closed toe shoes are needed for outdoor activity)
- ** water bottle (available at the canteen)

Optional items:

- ** favorite hat
- ** raingear
- ** Flashlight with batteries
- ** Camera
- ** Sunscreen & insect repellent (non-aerosol)
- ** \$15.00 - \$35.00 for camp clothing
- ** \$15.00 - \$25.00 for mission project, canteen, crafts, and ski boat activities
(All money is banked in the camp store, any amount left is returned at the end of the week to the camper)

The State of Michigan does not require a completed physical signed by a doctor or registered nurse. However, each camper will need to present an up-to-date health history prepared and signed by a parent or guardian.

All medications must be in original containers; this includes over-the-counter drugs as well.