

Packing List for Island Camps

Dear Island Camper,

We are excited that you are going to be spending a week on the Island! The Island is a unique camping experience filled with new challenges and experiences. We look forward to enjoying this God-filled experience with you and want you to be prepared for all that the Island has in store. If you have any questions about this information, please be sure to contact Covenant Point at **906-265-2117** or look for more information at **cpbc.com**.

Campers should be prepared for a wide-range of weather options including hot days and cold nights. All belongings should be marked with the camper's name and you may want to include a list of belongings to help when packing.

The Island program is designed to provide campers with a back-to-basics experience. Please do not pack any personal electronic devices (including cell phones), watches, candy or junk food. For safety reasons, please do not bring knives or other sharp objects, lighters, or matches. Any such belongings will be collected by the staff at the beginning of the week and locked away until the end of the week when they will be returned to the camper.

The following is a list of necessary items needed for the Island.

- *Completed Health Form
- *Required medications
- Pillow and bedding (sleeping bag or sheets/blanket)
- Warm jacket or sweater
- Personal items
- Several changes of clothing, including clothing for all situations (pack clothes for cold, buggy weather)
- Swimsuit (modest in design) and towel
- Water bottle (available in the canteen)
- Walking/running shoes
- Water shoes, sandals (flip-flops are not adequate)

The following is a list of highly recommended items for the Island.

- Bible, paper, and pencil (if necessary, a Bible can be provided for the week)
- Flashlight with batteries
- Sunscreen and Insect Repellent (non-aerosol)
- Raingear

The following is a list of optional items for the Island.

- Favorite hat
- Camera
- *\$15-\$35 for camp clothing
- *Money for mission project donation, if desired

***HEALTH FORM:** The State of Michigan does not require a completed physical examination signed by a doctor or registered nurse. However, each camper will need to present an up-to-date health history prepared and signed by a parent or guardian.

***MEDICATIONS:** All medications must be in original containers; this includes over-the-counter drugs as well.

***MONEY:** All money is banked in the camp store; any amount left is returned at the end of the week to the camper.