



Two-week Backpacking Trip (Westward: Grades 10-13)

Dear Trip Camper,

We are excited that you have decided to join us on a backpacking trip this summer! Wilderness trips are a unique and exciting way to experience nature, engage with friends and recognize God. Backpacking is physically and mentally challenging work, but you will soon learn to rely on your group and yourself in new ways. No previous backpacking experience is necessary, although you do need to be willing to participate in the challenges and joys of wilderness camping.

As we prepare for our week together, there is some information that you should be aware of. If you have any other questions, please be sure to contact Covenant Point at **906-265-2117** or check out **cpbc.com/trips**. We look forward to seeing you this summer!

Because the road trip to the mountains is a significant portion of this trip, pack clean clothes for 2-3 days travel each direction. Your first night at camp we will unpack our bags and repack into the hiking backpacks the clothing and items that we won't need until the on-tail portion of the trip, and split up communal gear amongst the group. Your personal luggage may be used for the road trip portion. Phones, electronics, and any other unnecessary items will be stored safely at camp until the trip is over.

The following is a list of recommended items needed for the trip. Please do not feel the need to purchase a pile of expensive equipment. Many items can be borrowed or found at thrift stores. Tents, 2/3 length "ridge rest" sleeping pads, hiking backpacks and cooking equipment will be provided. If you happen to already have your own hiking backpack or sleeping pad, you may use it upon inspection and approval of your trip guide.

- 1 nylon "mummy style" sleeping bag with stuff sack: must be warm, lightweight and packable (4-5 pounds max, fit into stuff sack 10 x 20 max), 20 degree F rating.
- 1 pair hard-soled, ankle-high hiking boots. Break in your boots well before you arrive at camp.
- 2-3 t-shirts and 2-3 pair underwear.
- 1 pair tennis shoes or sandals to change into at campsite.
- 4 pair hiking socks (thick and high).
- 1 warm fleece or wool long sleeve layer.
- 1 pair light weight gloves
- 1 waterproof rain jacket and pants
- 1 pair of loose fitting pants for hiking (not cotton or jeans)!
- 1 warm hat
- 1 handkerchief or bandana
- 1-2 pair shorts for hiking
- Something to sleep in
- 1 modest swimsuit
- Sunglasses, brimmed hat, sunscreen, lip balm
- Bug spray
- Headlamp or small flashlight
- Small Bible, journal, pen, camera (packed in Ziploc bag)
- Toiletry items (use small travel containers and pack in Ziploc bag)
- Small towel or camping towel
- Optional fly rod or fishing pole & tackle: must obtain proper state fishing license (Wind River Range is home to many trout streams and lakes)
- Tampons for women

- Duffel bag for road trip to the mountains (with clothes for before and after: 2-3 days travel each direction)
- 6 or 7 Two gallon Ziploc bags (to put clothes in to keep dry)
- Spending money- you will be responsible for nine fast food meals while traveling to and from our destination. Bring extra money if you wish to purchase a souvenir during the trip or visit the canteen at camp. Each student is responsible for budgeting his/her own meals.