

COVENANT POINT RETREAT COVID-19 GUIDELINES

Welcome! We are very glad to be able to once again host retreat groups at camp! During this time, we have created a set of guidelines to ensure compliance with health authorities and safety for all guests and staff. Please don't hesitate to ask questions or to let us know how we can help make your stay better. We pray your time here is restorative – fun, spiritually renewing, and restful. Peace to you from all of us at CPBC!

PRE-ARRIVAL

1

Self-Screen At Home

- ✓ Anyone, or any family which has a member who is sick, not feeling well, has any of the below symptoms or has been exposed to someone in the past 72 hours with any of the below symptoms must stay home: fever over 100.4 degrees, respiratory symptoms (runny nose, sore throat, cough, shortness of breath), flu-like symptoms (muscle aches, chills, fatigue), changes in sense of taste or smell, gastrointestinal symptoms (nausea, vomiting, or diarrhea)
- ✓ Anyone who has been sick must stay home until at least 10 days have passed since symptoms first appeared AND at least 72 hours have passed since recovery (normal temperature without use of fever-reducing medication).
- ✓ Anyone exposed to a person with a confirmed or suspected case of COVID-19 must stay home and self-quarantine for 14 days.

2

Consider High Risk Factors

- ✓ People who are at higher risk for severe illness are highly encouraged to consider their ability to attend Covenant Point safely and to seek consultation with their healthcare provider before attending camp: those 65 years and older, nursing home residents, those with: chronic lung disease or moderate to severe asthma, serious heart conditions, immune-compromised conditions, severe obesity, diabetes, chronic kidney disease undergoing dialysis, or liver disease.

UPON ARRIVAL

1

Curbside Check-in

- ✓ Arrive to camp during your scheduled check-in time.
- ✓ Park vehicle and walk to check-in station at the Dining Hall porch.
- ✓ Please note that guests are required to wear a mask if entering the camp office.

2

Wellness Check

- ✓ All guests will complete a wellness check.
- ✓ All guests will wear a face mask when 6ft of distance cannot be maintained
- ✓ Temperatures will be checked with a non-touch thermometer.
- ✓ If a guest has a fever or fails the wellness check, the entire family/group will be asked to leave Covenant Point property immediately and seek medical advice.

3

Submit and Review Forms

- ✓ One COVID-19 Waiver and Screening Form for each guest.

WHILE AT CAMP

1

Family Unit

- ✓ Unregistered visitors are not permitted at your cabin or campsite.
- ✓ Children must be supervised by an adult at all times.

2

Healthy Hygiene

- ✓ Wash hands frequently with soap and water for at least 20 seconds.
- ✓ Use alcohol based hand sanitizer if soap and water are not available.
- ✓ Avoid touching face, eyes, and mouth.
- ✓ Cough and sneeze into a tissue or elbow (not into hands), and wash immediately.

3

Physical Distance

- ✓ Always maintain distance of at least 6 feet from all others, during all activities and in all facilities.
- ✓ Wear cloth facemasks outdoors if not able to distance, and indoors when in common areas of any building.
- ✓ If leaving camp property, guests are asked to maintain physical distance from others and to wear facemasks when required (ie. grocery store.)

4

Facilities

- ✓ All indoor spaces are closed to guests except for their designated lodging space, and designated buildings being used for that specific retreat. Designated buildings will be identified during orientation.
- ✓ Please wear a facemask or covering in all indoor spaces besides your designated room within your lodging, or while eating at your table in the Dining Hall.

5

In Case of Emergency

- ✓ In the event of an emergency, please call 911.
- ✓ Covenant Point staff will be available by phone (see emergency numbers in lodges).

6

Self- Monitor

- ✓ All guests should self-monitor for any COVID-19 or flu-like symptoms.
- ✓ In the event that a guest experiences any symptoms, or discovers that they have been in contact with someone who is suspected or confirmed to have COVID-19, the guest must immediately notify CPBC staff.
 - Guest will be interviewed for symptoms, health history, and contacts.
 - Local health department will be notified. Identities will be protected.
 - The guest and entire family will be required to promptly leave Covenant Point property and seek medical advice.
 - If the guest or family are unable to depart promptly, space will be available for isolation.
 - Anyone onsite who came into close contact with the symptomatic guest will be asked to leave Covenant Point as well in order to self-monitor and self-quarantine at home.
- ✓ All guests must notify CPBC immediately if they experience any symptoms following their visit to camp.

7

Help us protect our camp community

- ✓ All guests are expected to follow all CPBC guidelines. By registering, you are indicating your agreement to comply with CPBC guidelines.