Post-Session Discussion Questions for Youth Groups

Saturday AM: Message 1

1. Have you noticed someone in your life who lives in response to splanchnizomai? Can you name a time when you’ve experienced splanchnizomai? What happened?
2. In Matthew 9, how does splanchnizomai (verse 36) transform Jesus’s own response to the suffering around him? (take a look at Matthew 10)?
3. What might change in your life if splanchnizomai was the motivating force behind your faith?

Saturday PM: Message 2

1. What is your experience of being aware of your own body? Have you experienced both beauty and pain in your own embodiment?
2. What might it look like to trust your body, especially when you experience your stomach turning over when you encounter things that are wrong with the world?
3. How can you begin to embrace the process of faith? Is there an area of your life where you feel that you’ve “arrived” or “failed to arrive”? How can you be gracious with yourself and others about our gradual formation into the character of Jesus?

Sunday AM: Message 3

1. Share about a time in your life when you went through some form of suffering. Was there someone who came alongside you – who displayed compassion to you in the midst of your pain?
2. Do you identify with the idea that Jesus is in the pit, that Jesus knows suffering and death? How might the idea of an entombed Jesus, a Jesus who wept bitterly (John 11) change our approach to faith, worship, and discipleship?
3. Read Psalm 88. Have you or anyone you know said things like this? Who in your life is in the pit right now? What might it look like to get down into the pit with them so they aren’t alone in their struggle?

Sunday PM: Message 4

1. Go around and together list off as many topics of injustice as you can (ex. racial injustice, homelessness, poverty, environmental injustice, hunger, disability rights, etc.). How does it feel hearing all of these issues of injustice back-to-back?
2. Share one or two topics that make your heart burn with compassion for those who are experiencing injustice. How might you devote your time to these, rather than trying to commit to every cause? Is there a group of people you are walking with whose heart burns similarly for those things?
3. What would look different about the church if we were known by our splanchnizomai? What ideas do you have about things that could change or grow at your church so that your church community is known for its splanchnizomai?